

# MAINE CRAFT CANNABIS

## TINCTURE DOSAGE GUIDE

\*\*\* Shake Tincture Well Prior to Each Use \*\*\*

Measure tincture using the graduated ml indicators on the dropper. Dosage by ml is as follows:

### 600 mg & 300 mg THC Tincture

2.5 mg THC --- 6 drops\*  
5 mg THC --- 0.25 ml  
10 mg THC --- 0.5 ml  
15 mg THC --- 0.75 ml  
20 mg THC --- 1.0 ml

### 600 mg & 300 mg 1:1 Tincture

2.5 mg each THC/CBD --- 0.25 ml  
5 mg each THC/CBD --- 0.5 ml  
10 mg each THC/CBD --- 1.0 ml  
15 mg each THC/CBD --- 1.5 ml  
20 mg each THC/CBD --- 2.0 ml

\* for most accurate results carefully measure drops into a spoon.

### 1200 mg THC Tincture

10 mg THC --- 0.25 ml  
20 mg THC --- 0.5 ml  
30 mg THC --- 0.75 ml  
40 mg THC --- 1.0 ml

### 1200 mg 1:1 Tincture

10 mg each THC/CBD --- 0.5 ml  
20 mg each THC/CBD --- 1.0 ml  
30 mg each THC/CBD --- 1.5 ml  
40 mg each THC/CBD --- 2.0 ml

### DOSAGE GUIDELINES FOR THOSE NEW TO EDIBLE CANNABIS:

- We recommend that you start with only 2.5-5 mg of THC
- For best absorption and shortest onset time, drip oil under the tongue and hold in mouth for at least 60 seconds before swallowing.
- The product will usually start to take effect within 30-60 minutes, but can take over 2 hours to reach full effect.
- Do not take any additional product for at least 2 hours after your first dose.
- Increase your dosage by 2.5 - 5 mg of THC with each subsequent use, until you find the dosage that provides the desired effect.

